

Home Care of Albuquerque

How Far Will Your Budget Go?

	Average Monthly Care Cost	Average Annual Cost	\$200,000 Number of Years Covered	\$300,000 Number of Years Covered	\$400,000 Number of Years Covered
Assisted Living Facility - 1 Bedroom	\$6,300	\$75,600	2.6	4.0	5.3
Memory Care Facility	\$8,000	\$96,000	2.1	3.1	4.2
Nursing Home Facility - private room	\$11,122	\$133,464	1.5	2.2	3.0
Home Care - 20 hrs care per week	\$2,800	\$33,600	6.0	8.9	11.9
Home Care - 30 hrs care per week	\$4,080	\$48,960	4.1	6.1	8.2
Home Care - 40 hrs care per week	\$5,440	\$65,280	3.1	4.6	6.1

*Assisted Living Facility fees only reference room & board and do not include additional fees related to dressing/grooming, feeding, bathroom assistance, medications, and respiratory assistance. These fees are often an additional \$2,000-\$4,600/mo. No additional charges are incurred for these services with Home Care Assistance.

Where Your Care Dollars Are Really Going

	Average Monthly Care Cost	Caregiver/ Patient Ratio	Personal Care Hours Per day	Est cost of personal care per month	Est Monthly Room/ Board Expense	Est Annual Room/ Board Expense	% of Fees for Room & Board
Assisted Living Facility - 1 Bedroom	\$6,300	1:12	1	\$1,020	\$5,280	\$63,360	84%
Memory Care Facility	\$8,000	1:10	2	\$2,040	\$5,960	\$71,520	75%
Nursing Home Facility - private room	\$11,122	1:12	1	\$1,020	\$10,102	\$121,224	91%
Home Care - 20 hrs care per week	\$2,800	1:1	4	\$2,800	\$0	\$0	0%
Home Care - 30 hrs care per week	\$4,080	1:1	6	\$4,080	\$0	\$0	0%
Home Care - 40 hrs care per week	\$5,440	1:1	7	\$5,440	\$0	\$0	0%

1. Genworth 2026 Cost of Care NM average used for Assisted Living and Nursing Facility rates.
2. The direct care staff to patient ratios minimum requirement in Assisted Living Facilities in NM is 1:15, with an average of 1:11.
3. Given this average ratio and care staff 12-hour work shifts, each assisted living resident receives on average 1 hour of personal care each day.
4. With average care cost at \$34 per hour, an Assisted Living Facility patient is paying \$1,020 a month for personal care, receiving 1 hour per day in a 30-day month.
5. After patient care fees, remaining Assisted Living Facility costs are allocated to room and board (i.e., building mortgages and maintenance, etc.)